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ST. LUKE'S SENIOR MINISTRY
Opening New Doors

Senior Ministry *Newsletter*

Issue 33, Volume 27

January/February 2012

Upcoming Trips

Billy Elliott the Musical at the Overture Center for the Arts. Thursday, July 12, leaving St. Luke's at 6:30pm. It is never too early to plan ahead to see this wonderful show! We have reserved 30 Circle seats for this ten 2009 Tony Awards winning musical, including "Best Musical." *Billy Elliot the*

Musical is a joyous celebration of one young boy's journey to make his dreams come true. Cost for the show and transportation is \$44. This will be a wonderful intergenerational program. Watch for sign-ups for this evenings show in upcoming mailings and the Church bulletin.

Upcoming Events in January & February 2012

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|-----------|---------|---|---------|
| Thursday | Jan. 5 | New Zumba Class Begins | 5:30pm |
| Monday | Jan. 9 | New Yoga Class Begins | 5:30pm |
| Tuesday | Jan. 10 | New Yoga Class Begins | 5:45pm |
| Wednesday | Jan. 11 | Senior Ministry Planning Committee | 10:00am |
| Thursday | Jan. 19 | Golden Opportunities - "Life in Christ in the Maturing Years" & "Getting a Little Movement in Your Day" | 11:00am |
| Wednesday | Feb. 8 | Senior Ministry Planning Committee | 10:00am |
| Thursday | Feb. 16 | Golden Opportunities - "Toy Stories" and "Slovenia, Croatia and Bosnia" | 11:00am |

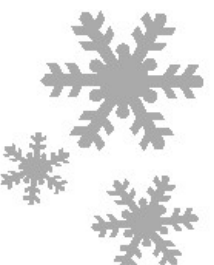
Wednesday Dinners at St. Luke's

Each Wednesday dinner will be served at St. Luke's and all are invited! Cost is \$5 per person (\$20 max./family). **No need to sign up. Feel free to just show up!**

**Please note - Dinners will resume on January 25th **

Winter Weather and Senior Programs

Winter weather is unpredictable and can affect our programs. **WHENEVER WEATHER CONDITIONS FORCE THE CLOSING OR EARLY CLOSING OF MIDDLETON-CROSS PLAINS AREA SCHOOLS, ST. LUKE'S SENIOR ADULT PROGRAMS FOR THAT DAY WILL BE CANCELLED.** If weather is threatening but school is not cancelled, please call church at 831-6084 to find out the status of the event that is in question.



Senior Ministry Mission Statement

The St. Luke's Senior Ministry calls senior adults to grow in faith, demonstrate compassion, deepen relationships and cherish life through worship, fellowship, education and service.

Bus to Worship

The bus runs each Sunday to bring people to the **9:00am** Worship Service. Members and non-members alike are encouraged to use this great bus service. Our bus schedule is as follows:

- Leave Rosewood Villas @ **8:10am**
- Leave Middleton Glen @ **8:20am**
- Leave Voss Haus @ **8:30am**

The bus will return to the above senior housing residences immediately following the 9:00am service. If you don't live in one of these residences but wish to use the bus service, there is parking for you at these places most notably Middleton Glen.

The winter months bring unique weather challenges and we'll cancel the Sunday Bus to Worship under any of the following conditions:

- Freezing rain
- Heavy snow (3" or more)
- Winter storm warning/travel advisory
- Temperatures of 0 degrees or colder

The decision to cancel the bus will be made by **7:15am**. You can call St. Luke's at 831-6084 **after 7:45am** to find out if the bus has been cancelled.

January Class Offerings:

New Yoga Class Schedule

Monday Yoga, 5:30-6:30pm, Jan. 9, 23, 30; Feb. 6, 13, 20.

Tuesday Yoga, 5:45-6:45pm, Jan. 10, 24, 31; Feb. 7, 14, 21.

There will be no classes on Jan. 16 & 17.

Cost is \$45 for all six sessions, \$25 for any three, or \$10 each individual class.

New Zumba Class Starting

Thursdays, 5:30-6:30pm, Jan. 5, 12, 19, 26.

**Special New Year Offer!*

Cost is **reduced** to \$25 for all four sessions, or \$10 each individual class. **Plus**, for the entire month bring a friend for only \$5 (one \$5 drop in/new student).

Classes are in Friendship Hall. You can either show up for class or sign up in the Church Office. For more information call the church at 831-6084.

Walking Area

We have an excellent walking course here at St. Luke's which is great for those who wish to safely walk indoors during the cold winter months. It takes 11 trips around the Education Wing to equal one mile and it is on fully carpeted surfaces.



Golden Opportunities in January and February

Thursday, January 19 beginning at **11:00am**. This program will begin with a presentation by Dr. Winston Persaud entitled "Life in Christ in the Maturing Years." This presentation will be followed by a free-will offering light lunch. After lunch, Judy Miyagawa of the Arthritis Foundation will give a presentation entitled "Getting a Little Movement in Your Day." Call the Church Office at 831-6084 ahead of time to reserve your lunch. Sign up deadline is **Sunday, January 15**.

Our February Golden Opportunities will be **Thursday, February 16**, starting at **11:00am**. Join us for the Wisconsin Historical Society's presentation of "Toy Stories." Following this fun program we will have a free-will offering light lunch. After lunch Carolyn and Dennis Turke will present a travelogue on Slovenia, Croatia and Bosnia. To reserve your lunch please call ahead to the Church Office at 831-6084.

Senior Adult Ministry Financial Assistance Criteria

We have funds available for financial assistance for Senior Adult Ministry sponsored activities (i.e. trips, classes). We have established criteria by which members can apply for assistance and utilize this special funding. The established criteria includes:

- membership at St. Luke's
- recipient of Middleton Outreach Ministry (MOM) assistance
- qualifies for Badger Care, Medicaid or other such assistance
- recipient of housing assistance
- income below 150% of 2010 national poverty level (\$15,245 for one person or \$21,855 for two persons)
- The following procedures shall apply in requests for assistance and in response to those requests:
 - requests shall be made using the Scholarship Application form available in the Church Office.
 - requests shall be made in writing at least TWO (2) weeks in advance of the event sign-up deadline.
 - requests shall be given to the St. Luke's Administrative Assistant for proper routing
 - action shall be taken on all written requests within one week of receipt of said request

ALL REQUESTS SHALL BE CONFIDENTIAL.