

The Breath Prayer

Written by Sheridan Voysey

Lord God, fill me with your Holy Spirit

I receive your love & release my insecurity

I receive your joy & release my unhappiness

I receive your peace & release my anxiety

I receive your patience & release my impulsiveness

I receive your kindness & release my indifference

I receive your goodness & release my ungodliness

I receive your faithfulness & release my disloyalty

I receive your gentleness & release my severity

I receive your self-control & release my self-indulgence

Artwork by @jodiew888